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Well Checkup - 5-10 Years

Patient Name: _____

DOB: _____ Appt. Date: _____

Eating Habits: (Choose any that may apply) ☐ Fair ☐ Good ☐ Poor ☐ Prefers Breads ☐ Prefers Fruits ☐ Prefers Meats ☐ Prefers Vegetables	Bedtime Drinks (Choose any that may apply) ☐ Juice ☐ Milk ☐ Water
Discipline Problems:(Choose any that may apply) ☐ Biting ☐ Fighting ☐ Frequent Temper Tantrums ☐ Hitting, Refusals ☐ Thorwing Toys in Anger	Sleeping through the night: ☐ Yes ☐ No
Bed Wetting: ☐ Yes ☐ No	Bowel Movement Concerns: ☐ Yes ☐ No
Additional Comments: 	



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Nutritional Issues

Please circle yes or no in response to each of the categories below

Anemia ☐ Yes ☐ No	Weight concerns ☐ Yes ☐ No	Daily Vitamins ☐ Yes ☐ No	Chronic GI Problems: ☐ Yes ☐ No	Special Diet ☐ Yes ☐ No	Food Allergies: ☐ Yes ☐ No
Diet (Number of servings per day)					
Dairy	Protein	Vegetables	Fruits	Carbohydrates	
Nutritional Comments:					

Developmental Tasks

School:	Circle all that apply.						
Grade Level:	___Pre-K, ___Kindergarten, ___First, ___Second, ___Third, ___Fourth, ___Fifth, ___Sixth						
Social Interaction	Has a best friend	Yes	No	Performance	Above-average grades	Yes	No
	Interested in music/art	Yes	No		Average grades	Yes	No
	Involved in clubs/extracurricular activities	Yes	No		Below-average grades	Yes	No
	Involved in sports	Yes	No		Schoolwork is difficult	Yes	No
	Lack of interest in after-school activities	Yes	No				
	Withdrawn	Yes	No				
Behavior	Has been involved in disagreements	Yes	No	Attention	Does not pay attention	Yes	No
	Parent/Teacher conferences regarding behavior	Yes	No		Lack of interest	Yes	No
	Suspension	Yes	No		No interaction in class	Yes	No
	Talkative in classes	Yes	No		Skips classes	Yes	No
Homework	Does not bring school books home	Yes	No	Home Cooperation:	Argumentative	Yes	No
	Does not do homework	Yes	No		Does not follow rules	Yes	No
	Has a quiet place to study	Yes	No		Does not help with household chores	Yes	No
	Satisfactory	Yes	No		Helpful	Yes	No
					Lethargic	Yes	No
				Participated in household chores	Yes	No	