



Dr. Gary Kinsey, M.D. & Joshua F. Gastley FNP-C
 Phone: 706-652-2252 Fax: 706-652-3444
 Email: flinthealthcare.maysville@gmail.com

Well Checkup - 10-24 months

Patient Name: _____

DOB: _____ Appt. Date: _____

Feeding: ☐ Breast Fed ☐ Bottle Fed ☐ Both		Milk: ☐ Whole ☐ 2 % ☐ Other: _____	
Solid Foods: (Circle what your child eats currently.) ☐ Cereals - Oat ☐ Cereals - Rice ☐ Cereals - Wheat ☐ Jar Baby Food ☐ Purees ☐ Table Food		Water: ☐ Bottled water ☐ Filtered Water ☐ Spring water ☐ Tap water ☐ Well water	
Eating Habits: ☐ Good ☐ Fair ☐ Poor ☐ Prefers Breads ☐ Prefers Fruit ☐ Prefers Meat ☐ Prefers Vegetables		Bedtime Drinks: ☐ Juice ☐ Milk ☐ Water	
Any discipline concerns: 		Any parental concerns? 	
Sleeping Through the Night: ☐ Yes ☐ No	Toilet Trained: ☐ Yes ☐ No		Bowel Movement Concerns:



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Nutritional Issues

Please circle yes or no in response to each of the categories below

Anemia ☐ Yes ☐ No	Weight concerns ☐ Yes ☐ No	Daily Vitamins ☐ Yes ☐ No	Chronic GI Problems: ☐ Yes ☐ No	Special Diet ☐ Yes ☐ No	Food Allergies: ☐ Yes ☐ No
Diet (Number of servings per day)					
Dairy	Protein	Vegetables	Fruits	Carbohydrates	
Nutritional Concerns:					

Developmental Tasks

Please circle yes or no in response to each of the categories below

Communication	Bring toys to show	Yes	No	Fine Motor	Bangs objects together	Yes	No
	Coos and vocalizes	Yes	No		Bring hands together	Yes	No
	Different cries for different needs	Yes	No		Drinks from a cup	Yes	No
	Imitates Sounds	Yes	No		Eats with a spoon	Yes	No
	Laughs	Yes	No		Feeds self, Finger feeds	Yes	No
	Points to the eyes, ears, and body parts	Yes	No		Helps with dressing	Yes	No
	Points to pictures in books	Yes	No		Holds objects in 2 hands	Yes	No
	Points to show what is wanted	Yes	No		Kicks balls	Yes	No
	Responds to name	Yes	No		Stacks 2 blocks	Yes	No
	Says 2 words	Yes	No		Throws objects	Yes	No
	Says 3 words or more	Yes	No		Transfers from hand to hand	Yes	No
	Understands "no"	Yes	No				
	Understands simple commands	Yes	No				
	Vocabulary 7-20 words	Yes	No				
Vocalizing "Mama" Or "Dada"	Yes	No					
Gross Motor Skills	Bears bear weight on their legs	Yes	No	Sensory	Follows objects	Yes	No
	Bends down without falling	Yes	No		Responds to sounds	Yes	No
	Climbs into an adult chair	Yes	No		Responds to touch	Yes	No
	Climbs up the stairs	Yes	No				
	Pulls to stand	Yes	No				
	Stis well	Yes	No				
	Stands alone	Yes	No				
	Walks alone	Yes	No				
	Walks backwards	Yes	No				
	Walks quickly	Yes	No				
	Walks with hands held	Yes	No				



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Social	Bring a book to read	Yes	No	Plays peek-a-boo	Yes	No
	Comes when called	Yes	No	Plays with other children	Yes	No
	Explores with parents close by	Yes	No	Separation anxiety	Yes	No
	Follows one-step commands	Yes	No	Shows pleasure in interacting with others	Yes	No
	Gives and takes objects	Yes	No			
	Helps around the house	Yes	No	Smthelies in mirror	Yes	No
	Helps with dressing	Yes	No	Sometimes shows fear	Yes	No
	Imitates parents	Yes	No	Stranger anxiety	Yes	No
	Laughs	Yes	No	Temper Tantrum	Yes	No
	Plays ball	Yes	No	Waves bye-bye	Yes	No