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Well Checkup - 11-18 Years

Patient Name: _____

DOB: _____ Appt. Date: _____

Nutritional Issues

Please circle yes or no in response to each of the categories below

Anemia ☐ Yes ☐ No	Weight concerns ☐ Yes ☐ No	Daily Vitamins ☐ Yes ☐ No	Chronic GI Problems: ☐ Yes ☐ No	Special Diet ☐ Yes ☐ No	Food Allergies: ☐ Yes ☐ No
Diet (Number of servings per day)					
Dairy	Protein	Vegetables	Fruits	Carbohydrates	
Nutritional Comments:					

Developmental Tasks

School:	Circle all that apply.				
Grade Level:	___Fifth, ___Sixth, ___Seventh, ___Eighth, ___Ninth, ___Tenth, ___Eleventh, ___Twelfth				
Social Interaction Special Education: ☐ Yes ☐ No	Has a best friend Interested in music/art Involved in clubs/extracurricular activities Involved in sports Lack of interest in after-school activities Withdrawn	Yes No Yes No Yes No Yes No Yes No Yes No	Performance	Above-average grades Average grades Below-average grades Schoolwork is difficult	Yes No Yes No Yes No Yes No
Behavior	Has been involved in disagreements Parent/Teacher conferences regarding behavior Suspension Talkative in classes	Yes No Yes No Yes No Yes No	Attention	Does not pay attention Lack of interest No interaction in class Skips classes	Yes No Yes No Yes No Yes No



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Homework	Bring school books home Does homework Has a quiet place to study	Yes No Yes No Yes No			
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Home Survey

Cooperation	Argumentative	Yes No	Parent: Child Interaction	Confides when stressed	Yes No
	Follows Rules	Yes No		Discusses plans	Yes No
	Helps with Household Chores	Yes No		Disrespectful	Yes No
	Helpful			Frustrations with school and thoughts of dropping out	Yes No
	Lethargic	Yes No		Respects parents' limits	Yes No
	Does chores around the house	Yes No		Spends quality time with family	Yes No
Sibling Interaction	Does not interact with siblings	Yes No	Any Parent/Teacher Concerns:		
	Ignores Siblings	Yes No			
	A sibling is the best friend	Yes No			
	Sibling rivalry	Yes No			
If female:	Does the patient have a menstrual cycle? Yes No When did the patient start a menstrual cycle? When was the patient's last menstrual period? Do you have any concerns about the patient's menstrual cycle?				